

Interprofessional Mental Health & Addiction Certificate Program Information Session



* Note, completing this information session is a pre-requisite for entry into this program.
Upon completion, you will be asked to complete a short survey.



Info Session Agenda

1. Territorial Acknowledgement
2. HHS and Dean Introduction
3. Camosun College overview
4. IMHA program overview
5. Admissions, financial aid & estimated costs and next steps
6. Resources at Camosun
7. Questions



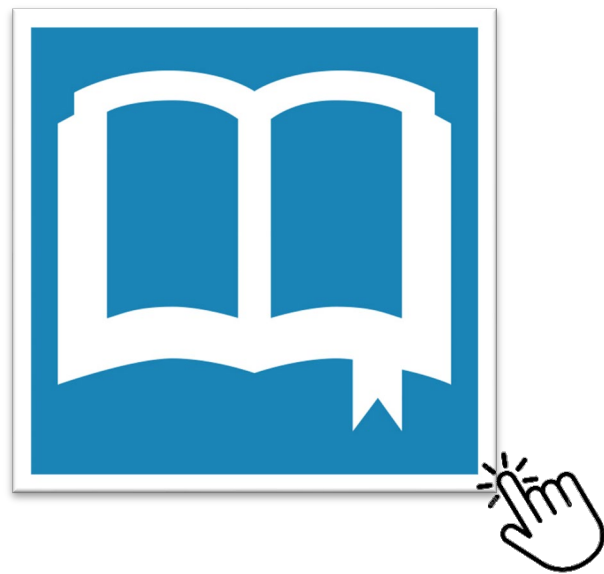
Territorial Acknowledgement

Camosun College respectfully acknowledges that our campuses are situated on the territories of the Ləkʷəŋən (Songhees and Kosapsun) and W̱SÁNEĆ peoples. We honour their knowledge and welcome to all students who seek education here.

School of Health & Human Services (HHS)

- Camosun College offers more than 15 health and human services programs, including degrees, post-degree diplomas, certificates, diplomas and university transfer courses.
- Our School, the School of HHS, is a place of warmth and caring.
- Our goal is to educate and support “flourishing Individuals, families and communities”.

**View the Dean's
Welcome and the
School of Health and
Human Services (HHS)
Student Handbook
online**



Carly Hall, RN, BSN, MEd
Dean, School of Health and
Human Services

Alex & Jo Campbell Centre for Health and Wellness

21st century education for outstanding health and wellness professionals



Centre for Health and Wellness (CHW)

All HHS Programs except Dental are delivered at the CHW building on Interurban Campus

- CHW brings together HHS Programs and allows a more interdisciplinary approach to teaching and learning
- The CHW provides twenty-first century learning environments including modern classrooms designed to foster active learning, hands-on labs, high technology simulation environments, and lots of collaboration spaces

Alex & Jo Campbell Centre for Health and Wellness

Education for outstanding health and wellness professionals

- \$63.8 million investment
- 89,000 sq. ft. facility at Interurban Campus
- 800+ students
- Latest in health education teaching
- Interdisciplinary approach is aligned with Island Health



Camosun Mental Health & Addiction Programs

Interprofessional Mental Health & Addictions (IMHA)

- post-graduate diploma, masters level curriculum, degree admission requirement

Mental Health & Addictions (MHA)

- certificate, prepares for frontline support positions, high school diploma with C+ in English 12

Registration Process

- Submit an application with your admission requirement(s) and registration fee
- Part-time students - If online application, follow-up with Registration to ensure PT option 250-370-3550
- Applications are date stamped
- The first fully qualified students are offered seats in the program
- A \$175 non-refundable deposit is required when offered a seat, applies to first term tuition

Admission Requirements

- Bachelor's Degree – A Baccalaureate degree in Child and Youth Care, Education, Nursing, Occupational Therapy, Psychology, or Social Work from a recognized post-secondary institution.
 - Other degrees and experience in a helping role may be considered; check with the Program Leader for determination.
- Resume – Resume listing work and volunteer experience.
- Statement of Intention – Submission of a 400-500 word statement outlining career goals and motivation for entering the program.

About the IMHA Program

The Interprofessional Mental Health and Addictions (IMHA) Post-Degree diploma provides a dynamic learning environment for students with diverse educational degree backgrounds to critically engage with a wide range of perspectives. It aims to cultivate a holistic, contextualized, culturally-informed, and multi-perspectival understanding of mental health and addiction practice in Canada. The program prepares students for psychosocial practice in community and tertiary mental health and substance use settings, within interprofessional teams.

Program Highlights

- Student loans are available
- Program offers flexible delivery with full-time and part-time options.
- Courses reflect important trends and current research in the field.
- Recently added courses to prepare students to work with individuals and families with acute and chronic mental health and substance use issues.
- Consultations with Island Health to ensure that our program fits with community needs and addresses the skills required to take up more advanced positions in the field.
- A lab course so students get to practice and integrate theory into practice.
- In depth training in assessment, counselling and recovery counselling.
- Currently in conversations with universities to create pathways to Master of Counselling programs so that some coursework can be accredited.
- Eight week practicum

What to Expect

This program is a blended delivery with online coursework and on-campus bi-weekly labs and seminars. Students who do not live on Vancouver Island have options to participate synchronously online depending on location and learning activities.

Please contact the Program Leader for more details.

What am I Going to Learn?

Students develop a systems perspective to explore factors that contribute to vulnerability and resilience related to mental illness and substance use.

Attention is given to Indigenous communities with a focus on understanding the impacts of colonization and intergenerational trauma on mental health and promotion of resilience and well-being.

Through a combination of applied learning, experiential exercises, discussions, lectures, and engagement with the literature, students evolve their critical thinking and applied skills. They gain proficiency in assessment, case conceptualization, development of individualized recovery plans, interventions or therapeutic supports, and case management.

What if I am in recovery from mental illness or substance use?

- Students may find the content elicits emotions that can be difficult, and this can show up quicker for those managing unresolved issues or are recovering from addiction or mental illness challenges.
- Discussions and activities to learn support strategies will be about self-harm, disordered eating, weight management and nutrition, abuse and trauma, and substance use.
- Those actively using illegal substances, or substances other than for prescribed conditions, are strongly advised to delay starting the Program.
- Students are encouraged to take advantage of counselling services at Camosun and to be pro-active in self-care.
 - Center for Accessible Learning (CAL) <https://camosun.ca/services/academic-supports/accessible-learning/new-students>

Curriculum

Year 1

Academic Term One

All of:

IMHA 520 – Culture, Diversity and Counselling

IMHA 522 – Introduction to Counselling

IMHA 524 – Psychopathology in Social Context

IMHA 526 – Assessment and Recovery Planning

IMHA 528 – Lab-Applied Practice in Mental Health

Curriculum

Year 1

Academic Term Two

All of:

IMHA 530 – Substance Use and Interventions

IMHA 532 – Group Counselling

IMHA 534 – Trauma and Interpersonal Violence

IMHA 536 – Professionalism in Practice

IMHA 538 – Recovery-Oriented Interventions

Curriculum

Year 1

Academic Term Three

All of:

IMHA 540 – Practicum

Students apply their knowledge and skills in a practicum setting with on-the-ground mentorship from professionals in community-based and tertiary mental health and substance use team-based settings. The two-month practicum course is 36 hours a week, including 24 hours at a practice site and 12 hours dedicated to seminar and online learning activities.



Program Learning Outcomes 1-5

1. Synthesize and apply knowledge of the perspectives, values, and principles that inform leading practices and attitudes about mental health, substance use, and concurrent conditions.
2. Critically evaluate the role of social-cultural context when assessing, treating, and responding to mental health and substance use disorders.
3. Apply culturally sensitive and diversity-informed frameworks to all aspects of practice.
4. Apply comprehensive knowledge of mental health, substance use, and concurrent conditions in work with individuals, families and groups.
5. Apply recovery-oriented principles, practices, and counselling approaches when working with individuals, groups and families.



Program Learning Outcomes 6-10

6. Use critical thinking skills and evidence-based practice in assessment, planning, intervention, and evaluation of person-centered support strategies and care.
7. Establish and maintain effective therapeutic relationships with individuals, groups, and families to facilitate change, recovery, and wellness in a collaborative care context with agencies and systems.
8. Work effectively in an interprofessional and collaborative care context with agencies and systems.
9. Practice responsibly and ethically, and demonstrate a commitment to personal and professional accountability.
10. Engage in ongoing critical self-reflection to assess personal experiences, values, beliefs, and cultural biases that may impact the counselling process and adjust accordingly.

Program Cost

Cost for 10 courses + practicum course approximately \$6500.00 (includes tuition and associated fees).

Additional costs for texts, supplies, and practice-associated fees including:

- Criminal Record Check - \$28
 - **Must be obtained through Camosun College**
- Negative TB skin test

Graduate Opportunities

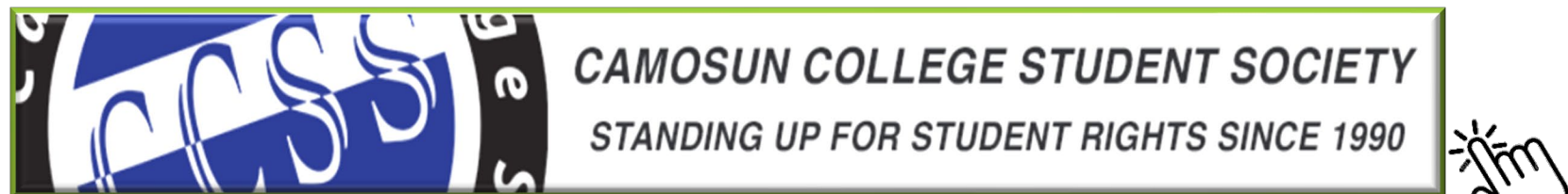
Employment:

Our program aligns with industry needs and offers ample job prospects. Diverse practice settings include residential programs, treatment centers, community agencies, assertive community teams, mental health clinics, and hospital environments.

Education:

Prepares graduates for pathways to master-level programs in community and health.

Student Services at Camosun



Indigenous Support Coordinator

- Artemis Fire is Red River Métis and is grateful to be a visitor on the unsundered territories of the ləkʷəŋən and W̱SÁNEĆ peoples
- Artemis is passionate about walking with people on their journeys.
- As the Health and Human Services Indigenous Support Coordinator, Artemis supports students in various ways, including assisting applicants to confirm their Indigenous identity.
- Contact Artemis at firea@camosun.ca



Questions?

If you have any additional questions about the program, please don't hesitate to contact us!

Admissions Advisor

Bella Nichols

NichollsB@camosun.ca

Financial Aid

Financialaid@camosun.ca

**Thank you for attending! We look forward
to seeing you soon.**

- School of Health and Human Services

FOR MORE INFORMATION:

General Admissions

admissions@Camosun.bc.ca

Phone: 250-370-3550

MHA/IMHA Admissions Advisor

NichollsB@camosun.ca

Phone: 250-370-4853

MHA Program Lead, Jody Watson

watsonj@Camosun.ca

IMHA Program Lead, Michelle Bass

BassM@Camosun.ca

